The Parish of St. Andrew, Kingsbury

SUNG MASS on the THIRD SUNDAY IN LENT Year C

Sunday, 23rd March 2025, 10.30am

Welcome to Mass today!

Before the Mass: SPEAK TO GOD

During the Mass: LET GOD SPEAK TO YOU

After the Mass: SPEAK TO ONE ANOTHER

PLEASE SILENCE YOUR MOBILE PHONES

A bell is rung and all <u>STAND</u> as the Priest approaches the altar with the ministers and venerates it. The ENTRANCE HYMN is sung:

tune: St. Bernard (NEH 63)

1

All ye who seek a comfort sure In trouble and distress, Whatever sorrow vex the mind, Or guilt the soul oppress.

2.

Jesus, who gave himself for you Upon the Cross to die, Opens to you his Sacred Heart O to that heart draw nigh.

3.

Ye hear how kindly he invites; Ye hear his words so blest: 'All ye that labour come to me, And I will give you rest.'

4.

O Jesus, joy of saints on high, Thou hope of sinners here, Attracted by those loving words To thee we lift our prayer.

5.

Wash thou our wounds in that dear blood Which forth from thee doth flow; New grace, new hope inspire, a new and better heart bestow.

words: 18th Century Latin

The Introductory Rites

Sign of the Cross

All make the Sign of the Cross as the Priest says:

★ In the name of the Father,
and of the Son,
and of the Holy Spirit. **Amen.**

Greeting

The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

And with your spirit.

The Priest introduces the Mass and then invites the people to call to mind their sins:

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

And, striking their breast, they say: through my fault, through my fault, through my most grievous fault;

therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

The absolution is given by the Priest:
May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. **Amen.**

Then is sung:

Lord, have mercy. Lord, have mercy. Christ, have mercy. Christ, have mercy. Lord, have mercy. Lord, have mercy.

The Collect of the Day

The Priest sings:

Let us pray.

A short silence is kept.

O God, author of every mercy and of all goodness, who in fasting, prayer and almsgiving have shown us a remedy for sin, look graciously on this confession of our lowliness, that we, who are bowed down by our conscience, may always be lifted up by your mercy. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

<u>Sit</u>

The Liturgy of the Word

First Reading
Exodus 3:1-8a, 13-15
"I Am" has sent me to you."

A reading from the book of Exodus.

In those days: Moses was keeping the flock of his father-in-law, Jethro, the priest of Midian, and he led his flock to the west side of the wilderness and came to Horeb, the mountain of God. And the angel of the LORD appeared to him in a flame of fire out of the midst of a bush. He looked, and behold, the bush was burning, yet it was not consumed. And Moses said, 'I will turn aside to see this great sight, why the bush is not burned.' When the LORD saw that he turned aside to see, God called to him out of the bush,

'Moses, Moses!' And he said, 'Here I am.' Then he said, 'Do not come near; take your sandals off your feet, for the place on which you are standing is holy ground.' And he said, 'I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.' And Moses hid his face, for he was afraid to look at God. Then the LORD said, 'I have surely seen the affliction of my people who are in Egypt and have heard their cry because of their taskmasters. I know their sufferings, and I have come down to deliver them out of the hand of the Egyptians and to bring them up out of that land to a good and broad land, a land flowing with milk and honey.'

Then Moses said to God, 'If I come to the people of Israel and say to them, "The God of your fathers has sent me to you", and they ask me, "What is his name?" what shall I say to them?' God said to Moses, 'I AM WHO I AM.' And he said, 'Say this to the people of Israel: "I AM has sent me to you." 'God also said to Moses, 'Say this to the people of Israel: "The LORD, the God of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you." This is my name for ever, and thus I am to be remembered throughout all generations.'

The word of the Lord.

Thanks be to God.

Responsorial Psalm Psalm 103(102):1-2. 3-4. 6-7. 8, 11. R/. 8a

The choir sings the response and then all repeat:

R/. The LORD is compassionate and gracious.

Bless the LORD, O my soul, and all within me, his holy name.

Bless the LORD, O my soul, and never forget all his benefits. *R/*.

It is the Lord who forgives all your sins, who heals every one of your ills, who redeems your life from the grave, who crowns you with mercy and compassion. *R*/.

The Lord does deeds of justice, gives full justice to all who are oppressed. He made known his ways to Moses, and his deeds to the children of Israel. *R/*.

The Lord is compassionate and gracious, slow to anger and rich in mercy. For as the heavens are high above the earth, so strong his mercy for those who fear him. **R**/.

Second Reading

1 Corinthians 10:1-6, 10-12
The way of life of the people with Moses in the desert
was written down for our instruction.

A reading from the first letter of St. Paul to the Corinthians

I do not want you to be unaware, brothers and sisters, that our fathers were all under the cloud, and all passed through the sea, and all were baptised into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual Rock that followed them, and the Rock was Christ. Nevertheless, with most of them God was not pleased, for they were overthrown in the wilderness.

Now these things took place as examples for us, that we might not desire evil as they did, nor grumble, as some of them did and were destroyed by the Destroyer. Now these things happened to them as an example, but they were written down for our instruction, on whom the end of the ages has come.

Therefore let anyone who thinks that he stands take heed lest he fall.

The word of the Lord.

Thanks be to God.

<u>STAND</u>

Gospel Acclamation

Matthew 4:17

The Choir sings:

Praise to you, O Christ, king of eternal glory!

Praise to you, O Christ, king of eternal glory!

Repent, says the Lord,

for the kingdom of heaven is at hand.

Praise to you, O Christ, king of eternal glory!

Turn to face the Priest as he sings:

The Lord be with you.

And with your spirit.

A reading from the holy Gospel according to Luke. Glory to you, O Lord.

Gospel Luke 13:1-9

'Unless you repent, you will all likewise perish.'

There were some present at that very time who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. And he answered them, 'Do you think that these Galileans were worse sinners than all the other Galileans because they suffered in this way? No, I tell you; but unless you repent, you will all likewise perish. Or those eighteen on whom the tower in Siloam fell and killed them: do you think that they were worse offenders than all the others who lived in Jerusalem? No, I tell you; but unless you repent, you will all likewise perish.'

And he told this parable: 'A man had a fig tree planted in his vineyard, and he came seeking fruit on it and found none. And he said to the vine dresser, "Look, for three years now I have come seeking fruit on this fig tree, and I find none. Cut it down. Why should it use up the ground?" And he answered him, "Sir, let it alone this year also, until I dig round it and put on manure. Then if it should bear fruit next year, well and good; but if not, you can cut it down."

The Gospel of the Lord. **Praise to you, Lord Jesus Christ.**

The Homily

After the introduction, SIT.

At the end of the homily a brief silence is kept for recollection.

The Profession of Faith
The Nicene ("Niceno-Constantinopolitan") Creed

STAND

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

At the words that follow, all bow their head:

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

The Prayer of the Faithful

The Priest introduces the prayers.

The response to the prayers is:

Lord, in your mercy. **Hear our prayer.**

The following may be included:

Rest eternal grant unto them, O Lord, And let light perpetual shine upon them. May they rest in peace and rise in glory.

When bidden, the people sing: Hail Mary, full of grace, the Lord is with thee, blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and the hour of our death. Amen.

The Priest then concludes the Prayers, and all respond: **Amen.**

The Liturgy of the Eucharist

The Offertory

<u>REMAIN STANDING</u> as the OFFERTORY HYMN is sung, during which the gifts of bread and wine are presented to the Priest.

A cash collection is taken. Alternatively, a donation can be made via the electronic Giving Station near the main door or by scanning this QR code with your smartphone's camera.



tune: Michael (NEH 333)

1.

All my hope on God is founded;
He doth still my trust renew,
Me through change and chance he
guideth,
Only good and only true.
God unknown,
He alone
Calls my heart to be his own.

2.

Pride of man and earthly glory, Sword and crown betray his trust; What with care and toil he buildeth, Tower and temple fall to dust. But God's power, Hour by hour, Is my temple and my tower.

3.

God's great goodness aye endureth, Deep his wisdom, passing thought: Splendour, light and life attend him, Beauty springeth out of naught. Evermore From his store Newborn worlds rise and adore.

4.

Daily doth th'Almighty Giver Bounteous gifts on us bestow; His desire our soul delighteth, Pleasure leads us where we go. Love doth stand At his hand; Joy doth wait on his command.

5.

Still from man to God eternal Sacrifice of praise be done, High above all praises praising For the gift of Christ, his Son. Christ doth call

One and all:

Ye who follow shall not fall.

words: Robert Bridges 1844-1930 Based on the German of J Neander 1650-80

<u>REMAIN STANDING</u> as the Priest turns to say:

Pray, my brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

Prayer over the Offerings

The Priest sings:

Be pleased, O Lord, with these sacrificial offerings, and grant that we who beseech pardon for our own sins, may take care to forgive our neighbour. Through Christ our Lord. **Amen.**

The Eucharistic Prayer

The Priest sings:

The Lord be with you. And with your spirit.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God. **It is right and just.**

The Priest continues with the Preface, praising God, and then all sing:

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes
in the name of the Lord.

Hosanna in the highest.

The Priest continues the Eucharistic Prayer.

At the elevation of the Host and the Chalice, the people acclaim: **My Lord and my God.**

After the words of Consecration, the Priest sings:

The mystery of faith:

We proclaim your Death, O Lord, and profess your Resurrection until you come again.

At the conclusion of the Eucharistic Prayer the people sing: **Amen.**

The Communion Rite

The Lord's Prayer

The Priest sings:

At the Saviour's command and formed by divine teaching, we dare to pray:

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

For the kingdom, the power and the glory are yours now and for ever.

Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever. **Amen.**

The Priest says:

The peace of the Lord be with you always. **And with your spirit.**

Let us offer each other the sign of peace.

Please share the peace by simply turning to your neighbours and waving a greeting.

Breaking of the Bread

Then is sung:

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

Invitation to Communion

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed. The Priest receives communion and then says:

Communion Antiphon

cf. Matthew 17:5

The sparrow finds a home, and the swallow a nest for her young: by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise.

A bell is rung and the people receive communion.

Communion will be offered kneeling at the Altar rail.

Inform the Priest if you require a gluten free wafer.

The Chalice is available for those who wish to receive from it.

If you are not making your communion please come to the Priest, carrying this service booklet, and bow your head for a blessing.

Please return to your seats through the left or right chapels.

During Communion, the Choir sings an anthem and then the COMMUNION HYMN is sung

tune: Repton (NEH 353)

1

Dear Lord and Father of mankind, Forgive our foolish ways Re-clothe us in our rightful mind, In purer lives thy service find, In deeper reverence praise.

2.

In simple trust like theirs who heard, Beside the Syrian sea, The gracious calling of the Lord, Let us, like them, without a word Rise up and follow thee.

3

O Sabbath rest by Galilee!
O calm of hills above,
Where Jesus knelt to share with thee
The silence of eternity,

Interpreted by love!

4.

Drop thy still dews of quietness,
Till all our strivings cease;
Take from our souls the strain and stress,
And let our ordered lives confess
The beauty of thy peace.

5.

Breathe through the heats of our desire Thy coolness and thy balm; Let sense be dumb, let flesh retire; Speak through the earthquake, wind and fire,

O still small voice of calm!

words: John. G. Whittier 1807-9

Silence is then kept for reflection.

Prayer after Communion

The Priest sings:

Let us pray.

STAND

As we receive the pledge of things yet hidden in heaven and are nourished while still on earth with the Bread that comes from on high, we humbly entreat you, O Lord, that what is being brought about in us in mystery may come to true completion. Through Christ our Lord. **Amen.**

The Concluding Rites

SIT for the notices.

tune: Sussex (NEH 357)

The Lord be with you.

And with your spirit

And with your spirit.

Direct, O Lord, we pray, the hearts of your faithful, and in your kindness grant your servants this grace: that, abiding in the love of you and their neighbour, they may fulfil the whole of your commands. Through Christ our Lord. **Amen.**

Dismissal

Go forth, the Mass is ended. **Thanks be to God.**

Ave Regina Cælorum tune: Aberystwyth (NEH 383ii)

Hail, O Queen of Heaven enthroned.
Hail, by angels mistress owned.
Root of Jesse, Gate of Morn
Whence the world's true light was born:
Glorious Virgin, Joy to thee,
Loveliest whom in heaven they see;
Fairest thou, where all are fair,
Plead with Christ our souls to spare.

Vouchsafe that I may praise thee, O sacred Virgin. Give me strength against thine enemies.

Let us pray: We beseech thee, O Lord, mercifully to assist our infirmity: that like as we do now commemorate Blessed Mary Ever-Virgin, Mother of God; so by the help of her intercession we may die to our former sins and rise again to newness of life; through Christ our Lord. **Amen.**

1.

Father hear the prayer we offer; Not for ease that prayer shall be, But for strength that we may ever Live our lives courageously.

2

Not for ever in green pastures
Do we ask our way to be;
But the steep and rugged pathway
May we tread rejoicingly.

3.

Not for ever by still waters Would we idly rest and stay; But would smite the living fountains From the rock along the way.

4

Be our strength in hours of weakness, In our wanderings be our guide; Through endeavour, failure, danger, Father, be there at our side.

words: Maria Willis 1824-1908



Please stay for refreshments after Mass today Do leave a 50p donation IF YOU ARE ABLE

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NOTICES THIS WEEK:

THURSDAYS IN LENT

Lent Study Course III: Thursday, 20th March – 7.30pm Mass in St. Matthew's, Willesden – Fr Neil on an aspect of The Creed.

FRIDAYS IN LENT

Stations of the Cross on each Friday in Lent at 7pm.

NEXT SUNDAY

We will be 'in the pink' and celebrating our mothers with the blessing and distribution of flowers.

CHARITY OF THE MONTH

The Diocese of London has been in a Companion Link partnership with the Anglican Church in Mozambique and Angola since 1995. This Lent, we are raising money to support our brothers and sisters in Africa.

These countries, particularly vulnerable to the impacts of climate change, provide a unique context for reflection during Lent as we consider Climate Justice and the challenge of living out the Fifth Mark of Mission: to strive to safeguard the integrity of creation and sustain and renew the life of the Earth.

The three projects we are raising for are:

- 1) Cyclone emergency response in Nampula
- 2) Green Anglican projects in Inhambane
- 3) Drought relief in Southern Angola www.london.anglican.org/lentappeal2025

FOOD BANK

Please continue to remember the food bank when you shop. Everything welcome!

EASTER FLOWERS

Donations and names of any loved ones to be remembered be given to Fr Jason as soon as possible please.

EASTER EGGS

We would like to donate Easter Eggs for the children of the Food Bank users – please pass a cash donation to Fr Jason.

ELECTORAL ROLL

This year the Electoral Roll of Church membership is required to be completely renewed, to ensure it is up to date. Everyone will need to reapply to be included on the roll. Letters and forms are available for current members and the form needs to be returned by Mass on Thursday, 5th May, in order to be registered for the Annual Meeting on Sunday, 25th May 2025. Any questions, please ask Mark Lloyd-Williams.

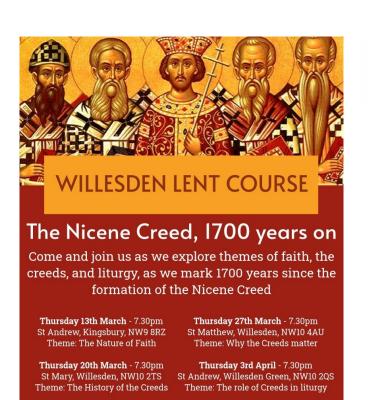
SUNDAY DUTY ROTA

The next quarter's rota is available at the back of Church. Please note your duty and if unable to fulfil it, please arrange a swap and mark-up the rota on the noticeboard.

INSTAGRAM

The parish now has a presence on this social media platform. If you are on it too – please scan this code and 'follow us' for updates ...







Ending hunger together

Give in Lent

Help support your food bank this Lent

In the six weeks of Lent, the food bank will provide emergency food parcels for local individuals and families facing hardship.

Donate food



Donate an item or two from our shopping list, ensuring we can provide food for people facing hardship in your community.

Donate money



Help to cover the costs of storing and distributing food, as well as developing sustainable projects.

Shopping list

Tinned Meat

Tinned Veg

Cooking Sauces

Coffee

Milk (UHT or powdered)

Tinned Fruit

Fruit Juice (long-life)

Tinned Rice Pudding

Jam

Tinned Fish



0203 9455 972 brent.foodbank.org.uk

Easter eggs appeal

Each session will begin with Mass, followed by

refreshments and a talk

Help our food bank provide Easter eggs in the parcels we'll be giving out this Easter.

Please bring all chocolates and Easter eggs to Church by Thursday, 10th April or pass Fr Jason a cash donation.



Guild Church of St Andrew Holborn Holborn Circus, London, EC4A 3AF



Solemn Pontifical Mass of Chrism

Tuesday of Holy Week 15th April 2025 at 11.00am

Celebrant and Preacher
The Right Reverend the Bishop of Fulham

Confessions – 10.00-10.45am followed by drinks - all welcome

FOR OUR PRAYERS THIS WEEK:



<u>We pray for:</u> Sarah, Bishop of London, Jonathan, Bishop of Fulham, Catherine, Archdeacon of Northolt, and Sophie, Area Dean of Brent and James, Assistant Area Dean

For the sick and have asked for our prayers, amongst them: Vashti Brathwaite, Candice Callender, Anna Paul, Leah Prince, Peter Scrivener, Connie Springford, Zorka Whitehurst, Kay Wood, Ernest Ohene-Darko, Julian Peruse, Courtney & Leah Prince, Tamesha Quimby, Iretha Richards,

Arthur Roberts, Revd Roy Smith, Maria Sudali Teo, Pope Francis, Peter Woolhead

For those who have asked for our continued prayers, amongst them: George & Ena Raine, Padma Ratnayake, Winston Richards, Melville Richards, Winsome Richards, Barbara Swaby, Joan Seeley, Hazel Sheppard, Christina Tyler, Miloš Vávra, Annette Whenman, Marion Williams, Farhat Wilson, Sheree Whittingham, Colin Yianni, Patience Boateng, Barbara Swaby, Uzo Ugboma

Pray for the recently departed: Emily Albino (13 yrs)

For those whose anniversary of death occurs this week:

23rd: Edith Watson (2018)

24th: Frederick Bunyan (1937), Leo Nzekwu (2016)

25th: Fiesal Rayhaman (2016)

26th: Ada Edwards (1971), Clive Pearce priest (2016), Nancy Morgan (2020)

28th: Barry Milner (2003), Barry Smith (2020), Florence Beson (2025)

29th: George Gikunoo (2020)

Prayers for the week:

Eternal God, give us insight to discern your will for us, to give up what harms us, and to seek the perfection we are promised in Jesus Christ our Lord. Amen. Jesus, like a mother you gather your people to you. In the depth of your mercy, heal us. In the tenderness of your love, remake us. In the compassion of your grace, forgive us. For the beauty of heaven, prepare us. Amen.

Anselm (c 1033-1109)

My eyes are always on the Lord, for he rescues my feet from the snare. Turn to me and have mercy on me, for I am alone and poor.

cf. Psalm 24: 15-16

EVENTS & SERVICES THIS WEEK:

Monday, 24th March

Gospel: Luke 4:24-30

Pray for: the Charity of the Month
Residents of: Rook Close,
Rossdale Drive, Runbury Circle

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Tuesday, 25th March

THE ANNUNCIATION OF THE LORD

8.30am Morning Prayer

Gospel: Luke 1:26-38

Pray for: expectant parents

Residents of: Salmon Street,

Saltcroft Close, Saxon Road

Wednesday, 26th March

8.30am Morning Prayer

Gospel: Matthew 5:17-19

Pray for: Our Church Officers & Administrator

Residents of: St Andrew's Road,

St David's Close, Summers Close,

Swinton Close

Thursday, 27th March

8.30am Morning Prayer

9.30am Exposition | 10am Mass followed by Standing Committee
7.30pm Mass & Lent Course

in St Matthew's. Willesden

Gospel: Luke 11:14-23

Pray for: the Lent Course

Residents of: The Drive, The Leadings,

The Mount, The Paddocks

Friday, 28th March

No Morning Prayer
6.30pm Evening Prayer
7pm Stations of the Cross
& Benediction

Gospel: Mark 12:28-34

Pray for: HM Armed Forces

Residents of: Tudor Close, Tudor

Gardens, Verney Street, Village Mews

Saturday, 29th March

10am Fr Jason is saying the Mass at St. Andrew's, W/G – all welcome

Gospel: Luke 15:1-3,11-32

Pray for: peace in the world

Residents of: Village Way,

Walton Avenue, Wells Drive

Sunday, 30th March 2025

FOURTH SUNDAY OF LENT

Lætare Sunday ~ Mothering Sunday

9.45am Morning Prayer

10.30am Sung Mass

with the blessing & distribution of flowers

Gospel: Luke 15:1-3,11-32

Pray for: our parish and people

Residents of: Wellspring Crescent, West
Way, Windsor Crescent, Wood Lane

Safeguarding Officer: saksafeguarding@outlook.com standrews.kingsbury@london.anglican.org 020 8205 7447

Administrator: sakparishoffice@gmail.com www.standrewskingsbury.org.uk